

Lucy Daniels Center for Early Childhood

Phone: 677-1400

Provides a wide-range of social/emotional therapies for children including parent and family counseling, time-limited or long term therapies, medication, and pre-school/kindergarten early intervention programs, for children with or without insurance, on-site or in locale convenient to family.

Project Enlightenment

Phone: 856-7774

Provides counseling to help parents with concerns about child behavior, development and family issues. Short term.

Triangle Family Services

Phone: 821-0790

Provides individual, group family and child counseling. Short term or intensive time limited.

Wake County Human Services Child Mental Health

Phone: 212-8400

Provides mental health treatment services for children ages 4-18. Intensive time limited or long term

Wake County Human Services Early Intervention Program

Phone: 856-6400

Provides short term treatment for those eligible for Early Intervention.

Triangle United Way's Young Children's Mental Health Initiative

Triangle United Way's Young Children's Mental Health Initiative (YCMHI) determined that more help was needed for children with social, emotional and behavioral needs. Based on the severity of needs for very young children, the Wake Children's team funded a pilot program to address the highest risk children and provide them with a family support and development program. The Initiative also helped secure an additional \$50,000 from the Kate B. Reynolds Foundation for the pilot program.

YCMHI also facilitated collaboration with Dr. Jean Smith, a developmental pediatrician with Wake County Human Services (WCHS), and the John Rex Endowment. A three-year grant to WCHS will support the creation of a pediatric developmental surveillance program. The grant will allow WCHS to evaluate and develop a plan of care for high-risk children. This new program will reach approximately 400 children entering foster care and children in Child Protective Services.

Why are quality, specialized services important?

- \$1 spent on quality early childhood intervention, saves \$7 in remedial or treatment services.
- Estimates of child mental health care needs approaches 4,000 in Wake County alone.
- In the Triangle, over 2,500 families with very young children live in poverty.
- In almost 45,000 of our families with very young children, both parents work outside the home.

The Wake Young Child Mental Health Initiative sponsors this pamphlet. For additional copies, please contact Triangle United Way's 2-1-1 or go on-line at www.unitedwaytriangle.org/tuw/211

This pamphlet is intended to give general information about basic resources that can help in the assessment and intervention of children with social, emotional and behavioral concerns. Inclusion of resources does not constitute endorsement nor does exclusion indicate lack of endorsement.

Updated July 1, 2004

SERVICES IN WAKE COUNTY FOR CHILDREN BIRTH TO FIVE WITH SOCIAL, EMOTIONAL OR BEHAVIORAL CONCERNS



Triangle United Way

1100 Perimeter Park Dr. | Ste. 112 | Morrisville, NC 27560
PO Box 110387 | RTP | NC | 27709
Phone (919) 460-8687 | Fax (919) 460-3118
United Way 2-1-1
www.unitedwaytriangle.org/tuw/211

INFORMATION AND REFERRAL

The following agencies offer community information via telephone service.

United Way 2-1-1

Phone: 2-1-1 or 1-800-831-1754

Provides information about community services and offers referrals to child mental health services.

Published Triangle Parent Directory. Also has information available on-line at

<http://www.unitedwaytriangle.org/tuw/211>

Family Support Network

Phone: 662-4600

Provides information about services and resources to families of children with special needs, developmental disabilities or chronic illnesses. Also has information available on-line at <http://www.fsnc.org>

Project Enlightenment TALKline

Phone: 856-7800

Provides a telephone consultation service to parents, teachers and other caregivers to discuss concerns, questions or issues concerning young children's behavior or development.

SCREENING/ASSESSMENT

The following agencies offer screening and evaluation services for children.

Child Service Coordination

Phone: 250-1154

Provides periodic medical, behavioral and psychosocial screening.

Developmental Evaluation Center

Phone: 662-4600

Provides multi-disciplinary evaluations of children who are at risk for or who have developmental disabilities. Provides evaluation, consultation, planning and care coordination.

Lucy Daniels Center for Early Childhood

Phone: 677-1400

Provides screening and full psychological and psychiatric assessments for social-emotional concerns.

Project Enlightenment

Phone: 856-7774

Provides screening for children ages 3-5 years when there are concerns about development and behavior.

WakeMed Special Infant Care Clinic

Phone: 350-8164

Provides a neonatal follow-up and community diagnostic clinic serving children birth through 36 months. Provides medical and developmental assessments and referrals.

INTERVENTIONS FOR CHILDREN WITH BEHAVIOR PROBLEMS

The following agencies offer a variety of intervention options for the family and support for child care programs.

Chapel Hill TEACCH Center

Phone: 966-5156

Wake County Office: 662-4625

Provides a wide range of assessment, diagnostic and treatment services to people with autism.

Community Partnerships

Phone: 781-3616

Provides case management, parent training, assistance, and consultation for child care providers, short term. Can be intensive if referred through WCHS Early Intervention

DIX Child Psychiatry Outpatient Clinic

Phone: 733-5344

Provides child therapy, parent counseling and family therapy for children ages 3 and up. Intensive time limited or long term.

Duke Child and Family Services Center

Phone: 416-2430

Provides Duke Child Psychiatry and pediatric behavior clinic, including ADD. Intensive time limited or long term.

Learning Together Child Mental Health Initiative

Phone: 856-5458

Provides individualized, comprehensive child mental health services to children with serious social, emotional, behavioral and /or mental health through direct intervention services and supports. Intensive time limited or long term.