

Wake County Youth Services Guide

Prepared for Wake County School System by:



Wake Youth
Community Care Team



Triangle United Way

United Way



www.211NC.org

www.unitedwaytriangle.org

Triangle United Way's Wake Youth Community Care Team is made up of community volunteers, issue experts and agency representatives.

VISION

All youth will have resources to reach their full potential; live safe, healthy and fulfilling lives; and contribute positively to a diverse society.

COMMUNITY GOALS

1. All youth in Wake County will have opportunities for success and to develop confidence, character and competence.
2. All youth will learn in a positive environment the skills necessary to meet personal and educational needs and goals, and become productive, contributing citizens.
3. Youth will be healthy and safe, and live without fear in their community.

**For more information about the Wake Youth Community Care Team
and about Triangle United Way, contact
Angie Welsh at 463-5044
awelsh@unitedwaytriangle.org
www.unitedwaytriangle.org**



Triangle United Way

Wake County Youth Services Guide

Alphabetical listing of agencies with program descriptions

Adolescent Pregnancy Prevention Coalition of North Carolina

Administrative Office: 101 Market Street, Suite D, Chapel Hill 27516
Contact: Kay Phillips
Phone: (919) 932-9885 or 1-800-NC4FACT
Email: nc4fact@appnc.org
Ages Served: Providers Who Work with Pre-Teens and Teens
Areas of County Served: All
Program:

Education & Training

Mission: Increase the ability of Wake County youth-serving, school-based and healthcare professionals to prevent teen pregnancy by providing them with professional development opportunities, program guidance, resources and materials at low cost or for free. Each day in Wake County three teens become pregnant. APPCNC also provides materials for Wake County parents to help them discuss the risks of too early sexual activity with their children.

Boys & Girls Clubs of Wake County

Administrative Office: 701 Raleigh Boulevard, Raleigh 27610
Contact: Hugh McLean
Phone: (919) 834-6282
Email: hmclean@wakebgc.org
Ages Served: 6-18 years
Areas of County Served: East Raleigh, South Raleigh, Wake Forest, Zebulon/Wendell
Programs:

Educational Opportunity for Disadvantaged Youth

After-school homework and tutoring, access to computers, scholarships and other learning activities intended to enable Club members to be proficient in basic educational disciplines.

Social Adjustment

After-school and leisure time programs for Club members in Character and Leadership Development, Health and Life Skills, the Arts, Sports, Fitness and Recreation.

East Wake Youth Initiative

Administrative Office: 701 Raleigh Boulevard, Raleigh 27610
Contact: Karl Thoma
Phone: (919) 404-3625
Email: kthoma@wakebgc.org
Ages Served: 6-18 years
Areas of County Served: Zebulon, Wendell, Knightdale, Eastern Wake County

Programs:

Leadership East Wake

Trains youth in leadership skills and provides them the opportunity to design and implement their own leadership projects. Youth in each group receive training in areas such as: program planning, budget management, communication, conflict resolution, public speaking, and time management.

Wendell's Summer Program

Provides positive youth development activities for middle school youth during the summer.

Zebulon Boys & Girls Club

Youth development program for middle school students with emphasis on academic progress and leadership development. Includes social recreation and artistic programs as well as health and life skills.

(Programs above are in partnership with the Poe Health Center for Education, Communities in Schools, 4-H Youth Development, and the Boy's and Girls Clubs.)

Fuquay-Varina Youth Initiative

Administrative Office: 607 East Academy St., Fuquay-Varina, 27526
Contact: Chiffonda Holloway
Phone: (919) 557-5630 (919) 557-5975 (fax)
Email: bridgebuilders2000@yahoo.com
Ages Served: Middle School
Areas of County Served: Fuquay-Varina, Holly Springs
Cost: \$10.00/year

Program:

Fuquay Youth Initiative

Located adjacent to the Fuquay-Varina Middle School, this model is a student driven check-in/check-out program where the middle school youth can participate in a variety of choice activities each day. Programming focuses on academic success, enrichment, community service, recreation, and leadership.

Garner Road YMCA

Administrative Office: 2235 Garner Road, Raleigh 27610
Contact: Rich Fulmore
Phone: (919) 833-1256
Email: richmond.fulmore@garnerroadfamilyy.org
Ages Served: 5-18
Areas of County Served: Central and Southeast Raleigh
Cost: Varies (Scholarships available)

Programs:

After School & Day Camp

Youth development programs that incorporate educational and recreational activities as well as cultural and service opportunities in the community in order to help prepare them to become productive citizens in the school and community setting.

Black Achievers

Adapted from the YMCA nationally renowned program, Black Achievers provides adolescents with a structured program of mentoring, educational support, vocational exploration, recreational activities and community involvement.

Youth Sports

Sport focused program providing youth with opportunity to play sports, learn team-building and leadership traits in a safe and healthy environment.

Back-A-Child

A holistic program providing low-income youth (ages 5-10) with the opportunity to attend workshops, plan and attend outing, develop computer/educational skills, receive tutoring and participate in organized recreational activities.

Haven House

Administrative Office: 706 Hillsborough Street, Suite 102, Raleigh, NC 27603
Contact: Mike Rieder
Phone: (919) 833-3312
Email: mrieder@havenhousesnc.org
Ages Served: 7-21 (varies by program)
Areas of County Served: Wake County
Cost: Some programs are on a sliding scale. For others there is no charge to clients.

Programs:

Mentoring (Y.E.S.)

Matches young people, ages 7-17, with trained adult mentors to serve as role models, work on individual goals and to explore the community's educational, cultural and recreational resources. Mentors commit to spend time each week with the young person for one year. **(Cont. on next pg.)**

Haven House Programs continued:

24/7 Crisis Intervention/Runaway Shelter (Wrenn House)

Provides immediate intervention and /or temporary shelter for young people who are runaways, homeless or otherwise in crisis. Counseling provided by phone for crisis calls, to individual youth and families on a walk-in and appointment basis, as well as to youth in the shelter and their families. This program can be reached at (919) 832-7866.

Family Preservation (Homesteaders)

Provides intensive in home family counseling, parenting skill development, case management and advocacy for families for youth ages 7-17. By providing an intensive ten-week intervention directly in the homes of families they are enabled to preserve their family bond and to prevent out of home placement of youth. After care is for a period of one year.

Residential Treatment (Group Homes)

Provided for youth age 12-17 who are experiencing significant difficulty within their family, school and/or community. Skill development of families and youth continues over a six to eight month period resulting in a successful re-unification of the youth with the family and the development of skills that allow them to be successful in school and the community.

Independent Living (PILP)

Teaches homeless youth, ages 15-21 life skills and provides non-emergency housing and assistance in achieving vocational and educational goals. The goal is to prepare the youth to be able to live successfully on their own. An outreach center for homeless and at-risk is operated at 806 Gorman Street where young people can receive immediate assistance.

Safe Place

An outreach component of the crisis shelter provides a network of over 200 countywide public or business locations to provide immediate access to assistance with the help of over 100 trained volunteers who will transport youth to the crisis shelter. Safe Place sites include fire stations, community centers, Food Lions, Dominoes, Cat Buses, etc. Designated sites have a bright yellow and black diamond shape sign that says SAFE PLACE.

Restitution and Community Service

Provides structured, safe and supervised opportunities for young people who are court ordered to provide community service or earn money to pay restitution to victims of their behavior. Young people participate in group projects on Saturdays or after school during the week. Projects vary from assisting other agencies such as the Food Bank and Tammy Lynn Center, to planting trees for the City of Raleigh. Clients learn basic work skills and teamwork as well as having the satisfaction of improving their community.

Second Round (starting fall 2005-call for details)

This youth development initiative blends American and Muay Thai boxing with pro-social activities, educational incentives, and a mentoring component. Once in the program the youth will be exposed to a life skills curriculum, service learning projects, and prevention education on topics such as, substance use, STD/HIV, teen pregnancy, gang involvement and violence. Program targets 11-18 year-old youth with varying at-risk features. The program will also target Latino youth. The at-risk elements that will be addressed include but are not limited to youth who are or have been suspended, expelled, dropped out, or otherwise demonstrated school connection issues, have exhibited gang interest / involvement, court involvement, homelessness or other factors.

HopeLine

Administrative Office: P.O Box 10490, Raleigh, NC 27605
Contact: Gayle Butzgy
Phone: (919) 832-3326
Email: trihope@aol.com
Web Page: HopeLineNC.org
Ages Served: Elementary, Middle and High School Students
Areas of County Served: Orange, Durham and Wake Counties
Cost: Free

Program:

Teen TalkLine

(919) 231-3626 or 1-800-844-7403

Teen TalkLine -- available to teenagers 24 hours a day. Trained volunteers provide a caring, nonjudgmental environment where teens can talk about any subject. Information about hundreds of agencies specializing in teen issues is also available.

WAKE COUNTY GANG PREVENTION HOTLINE – 919-256-0919

Hospice of Wake County

Traces and Reflections Family Grief Center

Administrative Office: 1300 St. Mary's Street, 4th Floor, Raleigh, NC 27605
Contact: Shelly Colvin
Phone: (919) 828-0890
Email: scolvin@hospiceofwake.org
Ages Served: Varies by programs below
Areas of County Served: Wake County

Programs:

“Aarvy Aardvark Find Hope” Puppet Program

Based on Donna O'Toole's book, Aarvy Aardvark Finds Hope, this 30-minute presentation for third graders demonstrates loving, losing, friendship and hope. (Free)

Camp Reflections

Yearly in July a weekend day camp is available for families grieving the loss of a family member. Fee \$25.00, scholarships available, donations accepted.

Children's Grief Support Groups. (Reflections)

For children ages 3-11 who have experienced the death of someone by illness or other cause, these groups help children cope with the loss by using activities and group support. Cost: \$45 and Scholarships are available.

Grief education, consultation, and workshops are available for staff. No charge.

Grief Focused Counseling

Short term grief counseling and referrals are available for families. Donations accepted.

Literature in Spanish or English

Literature on grief, how to support a grieving child or adult grief is available through our Reflections library. Short articles can be faxed or e-mailed. **(Cont. on next pg.)**

Hospice of Wake County Programs Continued:

Teen and Photography Grief Support Groups (Reflections)

This is a new program that offers grief support to teenagers (middle school and high school) using the tools of photography. Cost is \$45.00 and scholarships are available.

Interact

Administrative Office: 612 Wade Avenue; Raleigh, NC 27605
Contact: Adam Hartzell
Phone: (919) 828-7501
Email: adamh@interactofwake.org and kathyj@interactofwake.org
Ages Served: Grades 3-12
Areas of County Served: Wake County
Cost: None

Programs:

Youth Education Services

Offers age appropriate violence prevention programs in Wake County Schools for students in grades 3-12.

Child Witness to Violence

Provides counseling services to children ages 0-18 who are living with and witnessing domestic violence/sexual violence in their homes

Pines of Carolina Girl Scout Council

Administrative Office: 6901 Pinecrest Road, Raleigh, NC 27612
Contact: Pat Wright
Phone: (919) 782-3021 or 800-284-4475
Email: council@pinesofcarolina.org
Ages served: All girls ages 5-17
Areas of county served: 20 central North Carolina counties including Durham, Orange, and Wake
Cost: \$10 membership fee / financial assistance available

Program:

Program opportunities are age appropriate and are available in the following areas of focus: leadership and self esteem; community outreach and education; environmental awareness; financial literacy; health and wellness; science, technology, engineering, and math; the arts; and travel.

Pines of Carolina Girl Scout Council, in partnership with dedicated adults, builds confident, responsible, contributing members of society. Girl Scouting cultivates values, social conscience, and self-esteem in girls while teaching them critical life skills to succeed as adults. Through Girl Scouts, girls discover the fun, friendship, and power of girls together.

SouthLight, Substance Abuse Services

Administrative Office: 3117 Poplarwood Ct, Ste# 326; Raleigh, NC 27604
Contact: David Turpin
Phone: (919) 787-6131
Email: mail@southlight.org
Ages Served: 8-18 (depending on services chosen, sliding fee scale)
Areas of County Served: Wake County
Cost: Varies

Programs:

Going Places Prevention Programs (SE Raleigh & Wake Forest) (Direct Line: 919-832-1400)

2101 Old Garner Road Raleigh, NC 27610

Educational: After school homework, tutoring and Life skills development, geared to “at-risk” youth.

Transportation and snacks provided.

Social & Group Development Saturday Academy available as well as summer program include field trips, recreational and educational outings (no cost)

(Bi-Lingual staff working in this program)

Pathways Counseling Center (Direct Line 919-872-7373)

2809 Highwoods Blvd. Ste. #103, Raleigh, NC 27604

(Education, Intervention and Treatment Services for youth involved with Alcohol and Drugs)

Evaluations, intensive out patient treatment, multi-family group, individual counseling and family therapy as well as after-care services. Providers of Wake County Board of Education sanctioned ACE (FIND)

services offering an alternative to long-term suspension for violation of policy 6429. (Bi-Lingual Staff)

Majors Program for youth referred through Wake Co. Juvenile Probation

Wake Teen Medical Services, Inc.

Administrative Office: 505 Oberlin Road, Suite 204; Raleigh, 27605
Contact: Joyce Wood
Phone: (919) 828-0035
Email: jwood@waketeen.org
Ages Served: Ages 10-23
Areas of County Served: Wake County
Cost: Sliding scale; accepts, Medicaid, BCBS, HealthChoice, Cigna, Aetna and many other other insurances.
Hours: M-8:30-6:00, T-8:30-6:00, W-8:30-5, Th-8:30-6:00, F-8:30-1

Programs:

Teen Medical Services

Provides medical services for acute illnesses such as: earaches, flu, sore throats, etc., as well as, chronic illnesses such as asthma. Provides gynecological checkups and testing and treatment of sexually transmitted diseases. Provides sports physicals and other preventive screenings.

Also provides health education - classroom presentations can be done on a variety of adolescent health topics and can be customized to specific curriculum needs.

Also provides mental health services-individual and family counseling for issues such as depression, anxiety, parent/child problems, relationship difficulties, and other adjustment issues. Therapy can be provided in the office during afternoons and also at school. For school-based services, child must be referred through the School Based Mental Health Team (Pam Wheeler). If you have any questions regarding referrals for school based or clinic based services, please call us.

YMCA of the Triangle, Inc.

Administrative Office: 1601 Hillsborough Street; Raleigh 27605
Contact: Erik Daubert
Phone: (919) 832-6602
Email: ceil.weatherman@ymcatriangle.org
Ages Served: ALL
Areas of County Served: ALL – Depending on program
Cost: Scholarships available for all programs

Programs:

Y-Guides and Princesses

Provides a fun and convenient way for dads and their children to spend time together. Program begins at 1st grade. Activities include games, crafts, stories and earning feathers.

Contact: Y-Indian Program Office, 832-9190.

After School & Summer Day Camp

YMCA provides After School Programs at area traditional and year-round schools and at the YMCA facilities across the county. Summer camp opportunities are available throughout the county. These programs serve elementary and middle school youth directly and provide qualified teens 16 and older with the opportunity to work with younger kids as youth counselors. (Throughout county)

Leaders Club (senior high school students) & Junior Leaders Club (ages 11-13)

Members complete community service projects both individually and in a group and received leadership training. (Central, Cary and North Raleigh)

Upward Bound

Summer camp adventure for teens to help them develop life skills and build relationships with other teens. (Throughout county)

Baby Sitting Class – (ages 11+)

A one-day class to teach skills to be an effective babysitter. (Cary location)

Youth & Government (Middle School & High School Students)

A national YMCA program to help teens learn about government structures and actively participate. High School students are involved in the legislative process and middle school students are involved in the UN process.

Middle School Madness (grades 6-8)

Counselor guided time for young teens to fellowship and build relationships on Friday nights, 8:00-10:00 p.m. (Cary and North Raleigh)

Urban Services Programs

Programs currently offered at no cost to the following communities: Halifax Court, Kentwood, Walnut Terrace, Heritage Park, Method Rd. Apts., Mayview, Pine Village, Chavis Heights, Kaplan and Orchard Pointe. Transportation to and from the Central YMCA is provided. Programs offered include: Y-Life and Choir for ages 5-15 on Tues. and Thurs., Tutorial, Teen Achievers for grades 8-12, Inner-city Sport.

Youth Sports

Includes teams in volleyball, tennis, basketball, baseball, swim team, swim lessons, aerobics, weight training. (Throughout the county)

YWCA of the Greater Triangle, Inc.

Administrative Office: 554 East Hargett Street, Raleigh, NC 27601
Contact: Carrie Gray
Phone: (919) 828-3205
Email: info@ywcatriangle.org
Ages Served: infant to senior adult
Areas of County Served: Wake and Johnston Counties
Cost: Cost Varies/Scholarships available

Programs:

All the Right Moves: Getting Physically and Financially Fit

A comprehensive program to build financial savvy and physical fitness in girls. Through one-on-one mentoring, quarterly events, and a residential camp experience, young women ages 12-17 develop the skills and self-confidence necessary to get and stay physically and financially fit.

Health & Wellness

YWCA wellness services are available on or off site. The YWCA offers a coed facility located at the Oberlin Road Branch offering a variety of land and water fitness classes. The facility offers an indoor jr. Olympic size pool, equipment room, sauna, body assessments, personal training, and massage therapy.

After School

Safe, fun, and affordable child-care programs for children age 5-13. Activities include computers, cooking, homework assistance, teambuilding, and science exploration. After school programs are offered at the Oberlin Road Branch, Powell Elementary, and Northwoods Elementary. Specialized interest groups are offered at the Hargett Street Branch.

Summer Camp Opportunities

Activity abounds for children participating in YWCA summer opportunities. Camp YWCA offers a variety of fun-filled activities, swimming, themes and field trips for youth ages 5-12 years old. For youth ages 10-17, Camp SETech, Camp Net Worth and a Counselor in Training program provides opportunities for experiential and hands-on learning.

Study Circles

Diverse groups of 8 to 10 individuals meet weekly for 5 weeks to listen and share personal perspectives, to break down stereotypes and prejudices and to unify efforts, which confront racism.

For a searchable list of services, also see www.wakegov.com/humanservices

To learn more about these and other programs that may benefit community children and youth, call United Way 2-1-1 or visit us on the web at www.unitedwaytriangle.org.

United Way 2-1-1 is a comprehensive, confidential telephone service providing information about community services and offering referrals to health and human services. Service is available 24 hours a day and can be accessed in Chatham, Durham, Orange and Wake counties simply by calling 2-1-1. Bilingual Services are also available through United Way 2-1-1.

