

**United Way of the Greater Triangle
Wake County Action Plan
2010**

Based on United Way of the Greater Triangle's Community Profile, the 2010 Wake County Action Plan focuses on the **needs** in our communities, the **strengths** of our Partner Agencies and most importantly, the **results** we hope to realize.

WAKE COUNTY GUIDING PRINCIPLES

- A. Demonstrate sensitivity and attention to issues of cultural social, gender and age disparities
- B. Promote volunteerism on the part of consumers and the community at-large
- C. Strengthen and support the family unit
- D. Recognize the value and importance of prevention
- E. Promote donor awareness of goals/outcomes to enhance financial and volunteer support
- F. Expand inter-agency collaboration to meet community needs

WAKE COUNTY GOALS

- 1. People achieve economic self sufficiency to the extent possible
- 2. Children and youth succeed in school and life
- 3. People enjoy optimal health
- 4. People can meet their basic needs
- 5. People's environments are safe and stable

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**United Way
of the Greater Triangle**

Goal: People achieve economic self-sufficiency to the extent possible

COUNTY OBJECTIVES	PROGRAM OUTCOMES
<p>1. Individuals will increase their educational, self-sufficiency and vocational skills to succeed in the local workforce.</p>	<p>Under- and Unemployed/Vocational Skills</p> <ul style="list-style-type: none"> a. Adults increase their job/vocational/education skills b. Those who are underemployed will increase their income c. Those who are unemployed will become employed and increase their income <p>Disabilities</p> <ul style="list-style-type: none"> d. Individuals with disabilities will improve their employment income e. Individuals with severe disabilities will achieve and maintain their identified vocational & life skill goals <p>Retention</p> <ul style="list-style-type: none"> f. Individuals unable to retain a job will improve the skills necessary to maintain a job g. Individuals will increase their ability to speak and read English
<p>2. Individuals who are eligible for public assistance will receive that assistance.</p>	<ul style="list-style-type: none"> a. Those who are eligible for public assistance will receive help in accessing and/or receive public assistance. b. Eligible working class families and adults will apply for and receive EITC and CTC c. Individuals eligible for public human services assistance will increase their utilization of public, private, and nonprofit human service agencies d. Individuals will gain awareness and have access to information and referral to public, private, and nonprofit human service agencies

Goal: Children & youth succeed in school and in life

COUNTY OBJECTIVES	PROGRAM OUTCOMES
<p>1. Children and youth with special needs and challenges receive timely and effective support and care.</p>	<ul style="list-style-type: none"> a. Increase positive parent/child interactions b. Improve the safety of the home environment for children and youth at risk for abuse, neglect or violence c. Children and youth recover from the effects of abuse, neglect and violence d. Children and youth at risk for mental health issues receive services that improve their emotional well-being e. Physically aggressive children and youth reduce their level of aggressiveness f. Children and youth using substances of abuse will receive intervention services to decrease or eliminate their use of drugs, including alcohol and tobacco g. Children and youth with special & developmental needs improve and/or maintain their developmental skills (including physical, social, motor, language and cognitive skills), as appropriate h. Children with developmental disabilities and complex medical needs receive timely and appropriate services
<p>2. Children and youth achieve increased school success.</p>	<ul style="list-style-type: none"> a. Youth have individual plans to optimize access to available support, move toward safe and positive environments and achieve optimal levels of performance b. Children receive high quality child care to prepare them for kindergarten c. Children and youth at risk for dropping out remain in school d. Youth graduate from high school e. Children and youth reduce problem school behavior f. Children and youth avoid delinquency g. Children and youth test at or above grade level in grade 3 (level III) & grade 8 h. Children and youth not planning on going to college improve their vocational skills i. Children and youth enter school physically healthy (such as physical health, dental, vision hearing, obesity, etc.) j. Youth improve their academic performance and age-appropriate social competencies k. Youth advance to the next grade level l. Youth have improved grades m. Children and youth with chronic academic and/or behavioral problems are referred for assessments for substance abuse and mental health and receive care, if needed n. Youth who don't graduate high school earn a GED
<p>3. Children and youth develop positive life skills.</p>	<ul style="list-style-type: none"> a. Children and youth learn life skills: problem solving, nutrition and character development b. Youth have reduced court involvement c. Children and youth gain skills to avoid drugs and alcohol d. Youth learn and demonstrate leadership skills e. Families with young children increase the knowledge and skills needed to enhance their child's opportunities for success f. Youth avoid violence and gang involvement g. Youth demonstrate community service skills h. Youth delay sexual activity and/or first pregnancy

Goal: People enjoy optimal health

COUNTY OBJECTIVES	PROGRAM OUTCOMES
<p>1. Individuals who are uninsured or underinsured have increased access to health care services.</p>	<p>Knowledge of Services</p> <ul style="list-style-type: none"> a. Individuals increase their knowledge of health care services available to them, including mental health/substance abuse care, dental services, etc. b. Individuals acquire the training, support, education to increase understanding and improve their physical health, including chronic health conditions (e.g., STDs, diabetes, mental health, substance abuse, etc.) c. Individuals increase their knowledge of low-cost dental services available to them d. Individuals acquire the training, support, education to increase understanding and improve their dental health e. Individuals acquire the training, support, and education to prevent dental problems from occurring. (i.e. cavities, gum disease) <p>Treatment/Intervention</p> <ul style="list-style-type: none"> f. Individuals improve their health and well-being as a result of increased access to mental health and substance abuse resources and support. g. Individuals improve their ability to function in everyday life, e.g. such as daily skills h. Individuals receive appropriate health care, including physical, dental, mental i. Individuals increase their ability to independently access their own health care, including physical and dental hygiene, etc. j. Individuals avoid inappropriate hospitalization or re-hospitalization k. Individuals have access to and receive emergency medications and medical supplies l. Under and uninsured children and youth receive primary health care
<p>2. Those identified with mental health concerns, substance abuse problems or with developmental disabilities improve their access to screening, prevention, treatment and support.</p>	<p>Individuals</p> <ul style="list-style-type: none"> a. Individuals at-risk of problems arising from mental health and/or substance abuse will have access to screening and/or preventive services b. Individuals at-risk of problems arising from developmental disabilities will have access to screening and/or treatment services c. Individuals leave treatment/residential centers drug free d. Individuals leave treatment/residential centers with one or more community supports in place (e.g. employment, housing, etc.) e. Individuals maintain sobriety one year after leaving treatment program. f. Individuals maintain financial self-sufficiency one year after leaving treatment program <p>Parents and Children</p> <ul style="list-style-type: none"> g. Parents completing residential program with children will be self-sufficient and drug and alcohol free one year after program entry h. Children who completed residential program with parents will be healthy and thriving one year after program entry <p>Parents/Families with a family member with a developmental disability</p> <ul style="list-style-type: none"> i. Individuals and families with individuals who require services to address the problems arising from mental health and/or substance abuse receive the adequate services j. Individuals and families with individuals who require services to address the problems arising from developmental disabilities receive the adequate services k. Parents will have an increased capacity to nurture and support their family member with a disability as well as themselves and the whole family unit l. Parents will increase their capacity to access needed supports on their own for a child with a disability

	<ul style="list-style-type: none"> m. Families with a member who have a developmental disability will increase use of respite care to increase their own emotional well-being n. Families with a member who have a mental health/substance abuse issues will increase use of respite care to increase their own emotional well-being o. Families with a member who has a disability will improve their ability to provide a supportive home environment and competent care p. Individuals with disabilities will be able to move into and/or maintain permanent housing q. Individuals who experience a life crisis will receive referrals to services and/or receive services
<p>3. Vulnerable populations experience increased rates of positive health outcomes and/or care.</p>	<ul style="list-style-type: none"> a. Infants are born at low-risk for preventable health problems b. Individuals at-risk for contracting communicable diseases (HIV/AIDS, STDs, etc.) will receive early testing and disease prevention/education c. Individuals will have access to professional health care (including transportation to health care facilities, access to prescription medication, access to blood, etc.) d. Individual will have access to education on nutrition, exercise and healthy living habits e. Pregnant women will have access to prenatal care f. Individuals will have access to education to prevent and respond to illnesses and injuries g. Healthy parents are re-unified with healthy children

Goal: People can meet their basic needs

COUNTY OBJECTIVES	PROGRAM OUTCOMES
<p>1. Individuals can meet their basic needs.</p>	<ul style="list-style-type: none"> a. Individuals in need (including homeless) will receive outreach (food, clothing, shelter, etc.) and emergency services b. Individual without transportation will be able to access their service needs (including attendance at necessary medical appointments, removal from unhealthy/unsafe environment, etc.) c. Individuals will increase their annual income levels

Goal: People’s environments are safe and stable

COUNTY OBJECTIVES	PROGRAM OUTCOMES
<p>1. Children & Youth avoid violent, criminal and gang activity</p>	<p>a. Children and youth will have access to education on domestic violence prevention, conflict avoidance, conflict resolution, and other anger management services</p> <p>b. Children and youth will increase their social-emotional well-being</p>
<p>2. Senior citizens maintain independent living in a safe home.</p>	<p>a. Seniors will increase their use of assistive technologies, when appropriate.</p> <p>b. Seniors will increase their knowledge of crisis and emergency responders available to them</p> <p>c. Seniors will be able to make the appropriate home repairs and household changes necessary to maintain safety</p> <p>d. Seniors will receive services to maintain their independence as appropriate.</p> <p>e. Senior citizens will improve their self-management of specific health conditions, i.e., hypertension</p> <p>f. Senior citizens will be able to receive nutritious meals at their home</p> <p>g. Senior citizens and their families in need of assistance in safety and wellness will receive appropriate services</p>
<p>3. Individuals, including children, live in safe and violence free homes.</p>	<p>a. Families with children at-risk of neglect and abuse will increase their positive parent/child interactions</p> <p>b. Families and individuals leaving a violent relationship will have safe, stable housing</p> <p>c. Families and individuals prevent family violence</p> <p>d. Families and individuals will increase their use of violence protective orders</p> <p>e. Families and individuals experiencing domestic violence will increase their physical, mental, and emotional well-being</p> <p>f. Professionals working with victims of domestic violence will increase their capacity to provide culturally appropriate care</p>
<p>4. Senior citizens maintain/increase their social engagement.</p>	<p>a. Senior citizens will be educated, have access to, and participate in the communities in which they live</p> <p>b. Senior citizens with communication barriers will have access to community information</p> <p>c. Senior citizens will have knowledgeable, supported and supportive caregivers</p>