

What Your Gift Provides...

- **\$1** provides enough food for 4 meals to a person who is hungry
- **\$25** provides a breast examination and mammogram for 1 woman in a clinical setting
- **\$30** provides 1 hour of labor for home repair and modification so a senior can safely remain at home
- **\$42** pays for 1 parent to receive education about the early care and education system and a referral to a high quality child care facility
- **\$71** provides 1 day of safe haven for a mother and two children, including counseling, safety planning, and help finding a secure, long-term, independent place to live after leaving the shelter
- **\$75** makes it possible for 1 senior to enjoy an hour of exercise classes every week for a year
- **\$100** provides 1 student on-site school enrichment programming
- **\$104** provides a homeless person with a serious chronic illness a doctor's visit, lab work, and all prescription medications
- **\$104** provides arts therapy supplies for 1 youth with developmental disabilities to enrich their classroom experiences
- **\$125** ensures 1 batterer receives 26 group therapy sessions where they learn and practice alternatives to abusive behavior toward their partners
- **\$160** offers the opportunity for 1 visit with a Technical Assistance Specialist to help centers sustain or increase the quality of care being provided to children
- **\$260** sends a less fortunate youth to summer camp for one week
- **\$1,500** makes it possible for 1 pregnant adolescent to receive weekly mentoring and support services for a year
- **\$2,000** allows 1 youth to receive one-on-one mentoring up to 8 hours a week for one full year