



QUEEN OF THE SPELLING BEE – AT 83 YEARS OF AGE!

She's slight, spry and very happy – now. Anna Marie is a young 83 years old and is enjoying her life since moving to Durham. But life, just a short time ago, wasn't happy for Anna Marie.



Living in Dallas, Anna Marie suffered with Alzheimer's, mild bi-polar disorder and diabetes. She no longer could take care of herself and was not enjoying her life.

When her daughter moved her to Durham, she was connected with the Durham Center for Senior Life and joined their Adult Day Health (ADH) program. While Anna Marie's daughter works, Anna Marie is in a safe environment that stimulates her both mentally and socially, provides nursing service to help with her medication and offers health monitoring.

Anna Marie looks forward to the ADH exercise program and participates in the game room playing basketball, pool and on the Wii. She also has been crowned the queen of the spelling bees offered through ADH!

Anna Marie is a veteran and ADH coordinates with the Veterans Administration each month. Recently Anna Marie was moved into a group home in Durham, and with weekly visits from her daughter, still remains active in ADH activities riding the Durham Access van to and from the center.

Durham Center for Senior Life's Adult Day Health program stabilizes older adults with debilitating conditions and works closely with their families and physicians to improve their quality of life, assisting them in remaining independent in the community.

"Mom is blossoming at a stage in life when she could easily be withering," says Anna Marie's daughter as she sings the praises of the ADH program.

Thanks to you, the Durham Center for Senior Life and their Adult Day Health program receives funding from United Way of the Greater Triangle. Together, with your help, we can assist others like Anna Marie in enjoying their golden years of life.